Rawatan DAAs

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24.8.2018

Newspaper...







PENAMBAHAN PEMBEKALAN DI 18 HOSPITAL 2018

- Hospital Selayang
- Hospital Ampang
- Hospital Kuala Lumpur
- Hospital Tengku Ampuan Rahimah
- Hospital Sultanah Bahiyah Alor Setar
- Hospital Tengku Ampuan Afzan, Kuantan
- Hospital Raja Perempuan Zainab II, Kota Bahru
- Hospital Pulau Pinang
- Hospital Queen Elizabeth, Kota Kinabalu
- Hospital Sultanah Aminah, Johor Bahru
- Hospital Umum Sarawak , Kuching

- Hospital Tuanku Fauziah
- Hospital Raja Perempuan Bainun
- Hospital Serdang
- Hospital Sungai Buloh
- Hospital Sulatanah Nur Zahirah
- Hospital Tuanku Jaafar
- Hospital Melaka



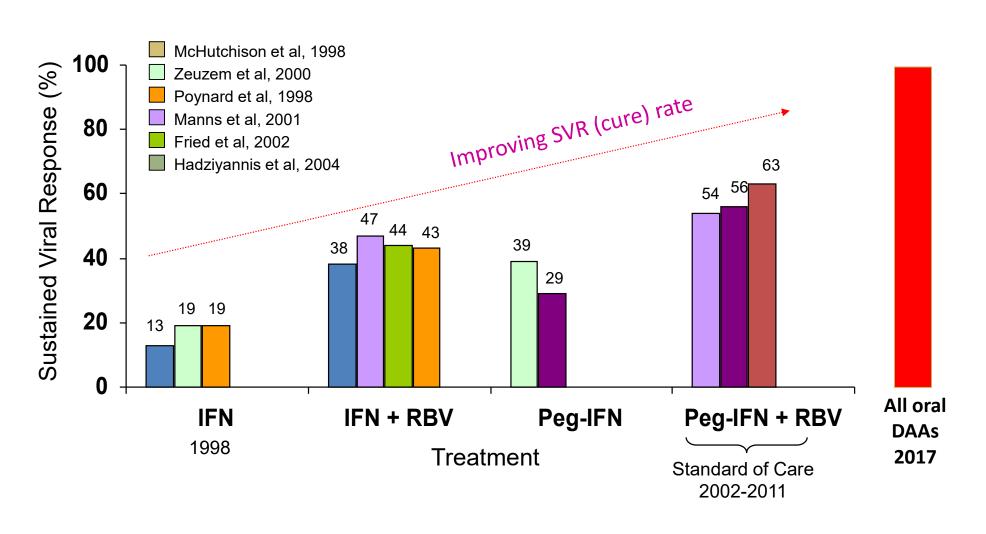
Multidiscipline

- Physicians Hepatologists/Gastroenterologist / Family Medicine Specialists/ ID Specialist
- Public Health
- Epidemiologists
- Pharmacists
- Laboratory Support Pathologist / Virologist/ Microbiologist / MLT
- Supporting Staff Nurses

OBJECTIVES

- All Hepatitis C needs to be treated
- Eradicate and Eliminate Hepatitis C by 2030
- To reduce all-cause mortality and liver related health adverse consequences, including ESLD and HCC by the achievement of virological cure as evidenced by a sustained virological response (SVR)

Evolution of Antiviral Therapy for HCV



Guidelines



APASL consensus statements and recommendation on treatment of hepatitis C

Masse Ossita^{1,2} - Estion Kanda² - Lei Wei² - Ming-Long Yei² - Wang-Long Choung² - Alandki Britkin² - Cosma Shadii Aldhiya Lennas² - Jan Salina² - Ming-Long Choung² - A. Kafa Chaken² - Masse-A. Malkho² - Gooffeen W. McCanglum² - Jaff Wang-A. Malkho² - Gooffeen W. McCanglum² - Jaff Wang-A. Malkho² - Despite R. G. Crowford² - Ju-Borng Kan² - Ossom Yokonda² - Gorpe K. K. E. ² - Will Kanne Sunka² - Gorpe K. K. E. ² - Will Kanne Sunka² - Gorpe K. K. E. ² - Will Kanne Sunka² - Gorpe K. K. E. ² - Will Kanne Sunka² - Gorpe K. K. E. ² - Will Kanne Sunka² - Will Ka

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Recommendations for Testing, Managing, and Treating Hepatitis C

Downloaded from http://www.hcvquidelines.org on 02/12/2014 Visit the HCV Guidance website to access the most up-to-date version

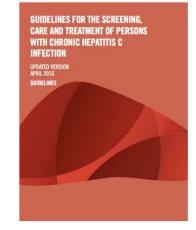
Collaborating Partner **⊠IAS-USA** Guidelines



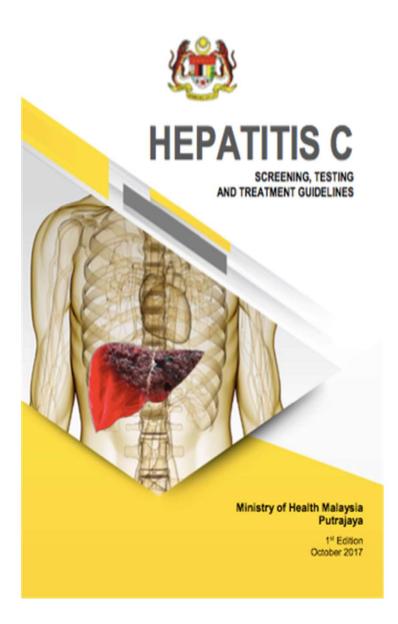
EASL Recommendations on Treatment of Hepatitis C 2016

European Association for the Study of the Liver*

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Drugs Available for Hepatitis C in Malaysia

Drug Acting Antivirals

Medication	Brand Name	Dosage form & Strength	Dosage	
Sofosbuvir	Sovaldi®	400 mg/ tab	One tablet once daily (morning)	
Sofosbuvir/ledipasvir	Harvoni®	400 mg of sofosbuvir and 90 mg of Ledipasvir/ tab	One tablet once daily (moming)	
Paritaprevir/ ombitasvir/ ritonavir	Viekirax®	75 mg of paritaprevir, 12.5 mg of ombitasvir and 50 mg of ritonavir/ tab	Two tablets once daily (morning)	
Dasabuvir	Exviera®	250 mg of dasabuvir/ tab	One tablet twice daily (moming and evening)	
Daclatasvir Daklinza® 30 or 60 mg/ tab		30 or 60 mg/ tab	One tablet once daily (morning)	
Elbasvir/ Grazoprevir	Zepatier®	50mg of Elbasvir and 100mg of Grazoprevir/ tab	One tablet once daily (morning)	

Treatment duration depends on genotypes, treatment naïve or experience, cirrhosis or without cirrhosis & etc.

Hepatitis C: Screening, testing & treatment guidelines; MOH October 2017

Interferons

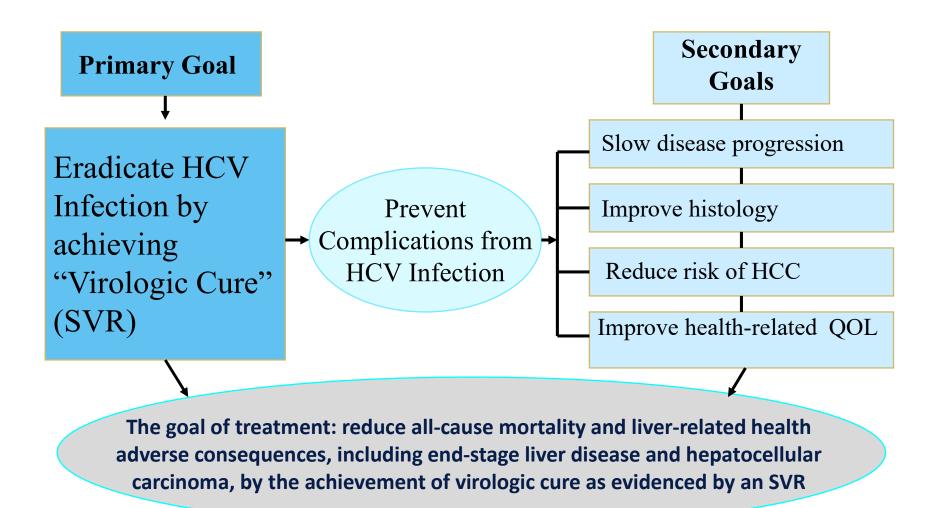
Medication	Brand Name	Dosage form & Strength	Dosage
Pegylated Interferon alpha-2a	Pegasys®	180 mcg prefilled syringe 135mcg prefilled syringe	Once weekly
Pegylated Interferon alpha-2b	Peg-intron®	150 mcg prefilled syringe 120mcg prefilled syringe 100 mcg prefilled syringe 80mcg prefilled syringe	Once weekly

Other

Medication	Brand Name	Dosage form & Strength	Dosage 15mg/kg/day (in 2 divided doses)	
Ribavirin	Copegus® Rebetol®	200mg/ tab		

Hepatitis C: Screening, testing & treatment guidelines; MOH October 2017

Goals of HCV Treatment



How Do We Measure Response to Treatment?

Response	Definition		
RVR Rapid Virologic Response	HCV RNA negative at (<50 IU/mL) at treatment week 4		
eRVR Extended Rapid Virologic Response	Undetectable HCV RNA levels at 4 and 12 weeks of treatment		
EVR Early Virologic Response	AASLD 2009: HCV RNA negative or ≥2 log ₁₀ drop at week 12 of treatment EASL 2011: HCV RNA detectable at week 4, but undetectable at week 12 of treatment		
ETR End of Treatment Response	HCV RNA negative at last dose of treatment regimen		
SVR Sustained Virologic Response	HCV RNA negative 24 weeks after end of treatment		

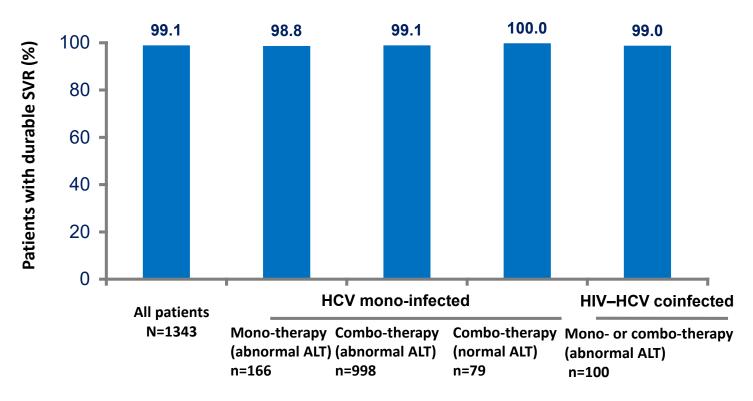
Ghany MG et al. Diagnosis, management, and treatment of hepatitis C: an update. *Hepatology*. 2009 Apr;49(4):1335-1374.

Sherman KE. *N Eng J Med*. 2011;365;11:1014-1024.

EASL 2011 Guidelines

SVR is Durable for Almost All Patients Treated with PegIFN/RBV

Patients negative for HCV RNA at last follow-up visit



Mean follow-up of 3.9 years (range: 0.8-7.1 years)

What are the Benefits of Curing HCV Infection?

Liver Disease

- Reduced risk of progression to cirrhosis/HCC/hepatic decompensation
- Potential reversion of fibrosis in some cases
- Disappearance of oesophageal varices
- Reduced risk of recurrence after liver transplantation

Survival/other

- Reduced risk of death from liver disease in the setting of cirrhosis, HCC, HIV/HCV coinfection and transplantation
- Cure and improvement of associated conditions (e.g. cryoglobulinemia, CNS vasculitis, polyneuropathy)

Transmission

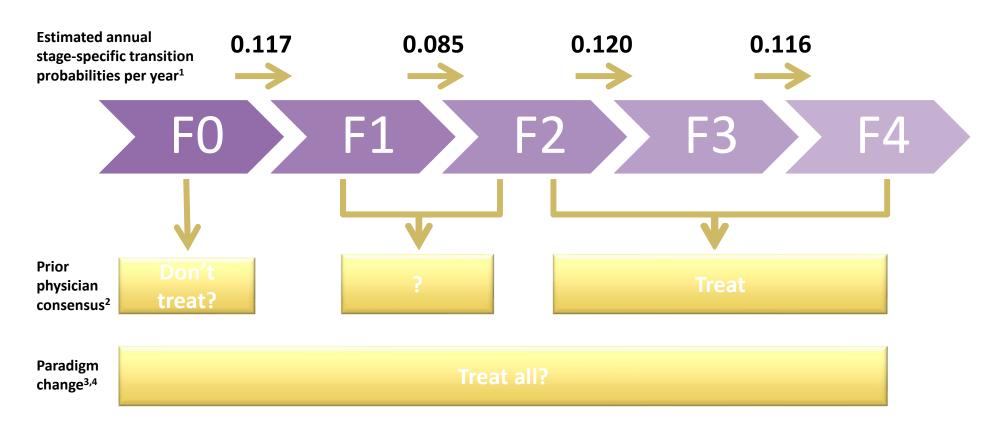
- No risk of sexual or perinatal transmission
- No transmission to others (IVDU), benefit to public health

Well-being

- Improved quality of life
- Reduced psychological impact
- Reduced personal, family and social stigma

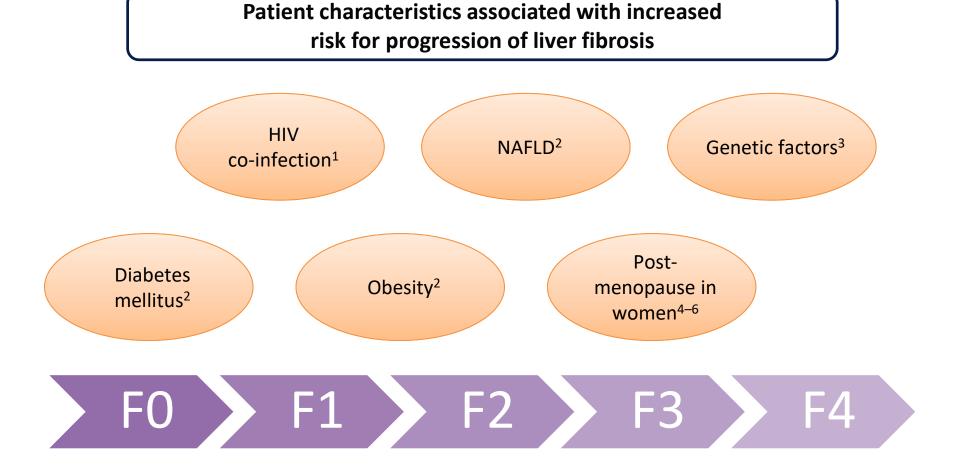
Liver Fibrosis Progression Is Unpredictable

Fibrosis progression is not linear and some patients may progress rapidly from one stage to the next¹



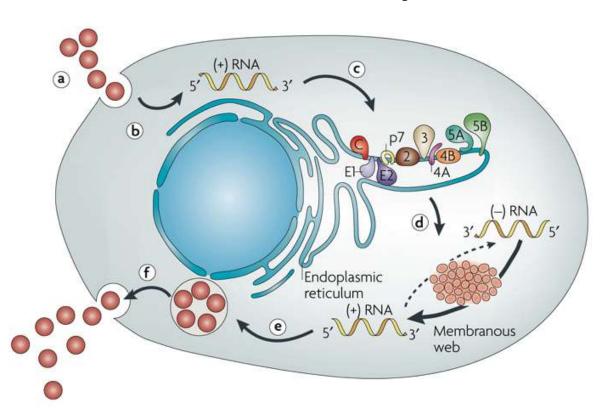
^{1.} Thein HH, et al. Hepatology 2008; **48:**418–431; 2. Wong JB & Koff RS. Ann Intern Med 2000; **133:**665–675; 3. Younossi ZM, et al. J Hepatol 2014; **60:**530–537; 4. Chahal HS, et al. JAMA Intern Med 2016; **176:**65–73.

Progression of Fibrosis Is Influenced by Patient-Specific Characteristics

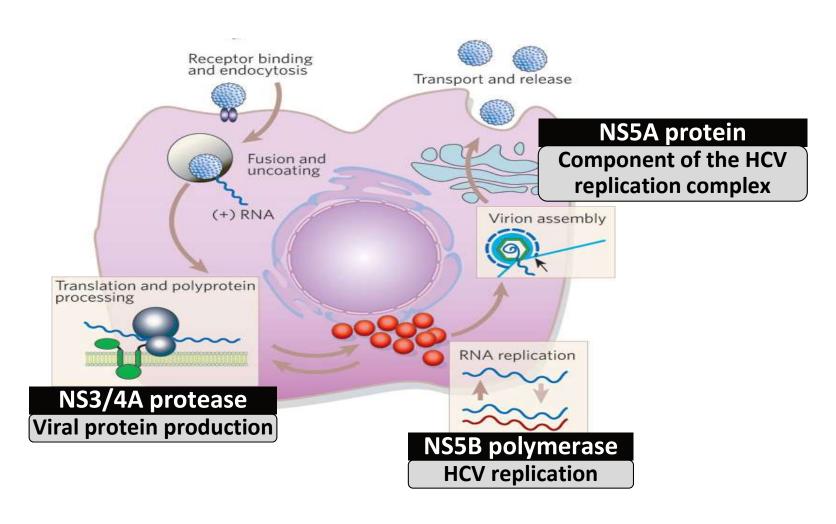


Viral Replication and Life Cycle

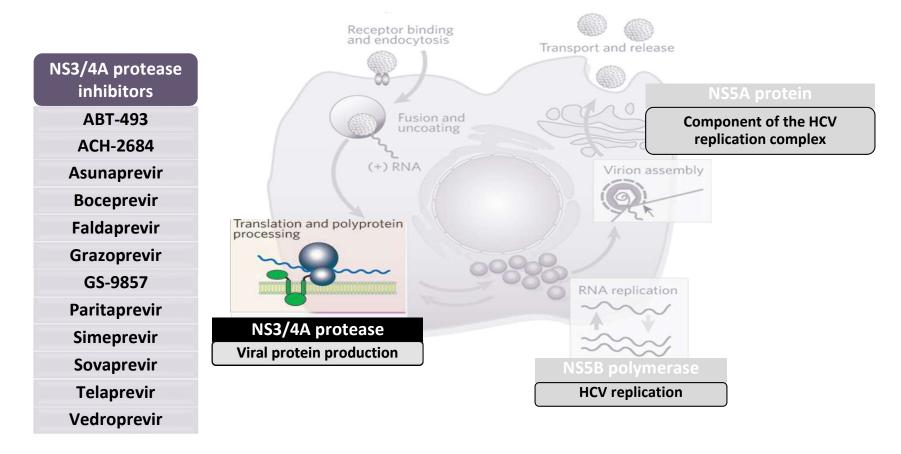
- A. Receptor-virus binding and endocytosis
- B. Fusion and uncoating
- C. Translation and polyprotein processing
- D. Formation of replication complex (membranous web); RNA replication
- E. Assembly/packaging and virion transport and glycoprotein maturation
- F. Vesicle fusion/release of infectious mature virion



Most DAAs Currently in Development Target One of Three Viral Proteins: NS3/4A, NS5A and NS5B



NS3/4A Protease Inhibitors Block the Viral Protease and Prevent Cleavage of the Viral Polypeptide

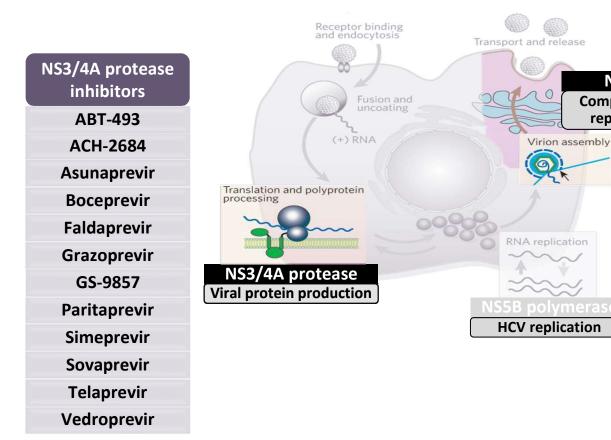


NS5A Inhibitors Block NS5A Protein, Resulting in the Inhibition of Multiple Steps in HCV Replication

NS5A protein

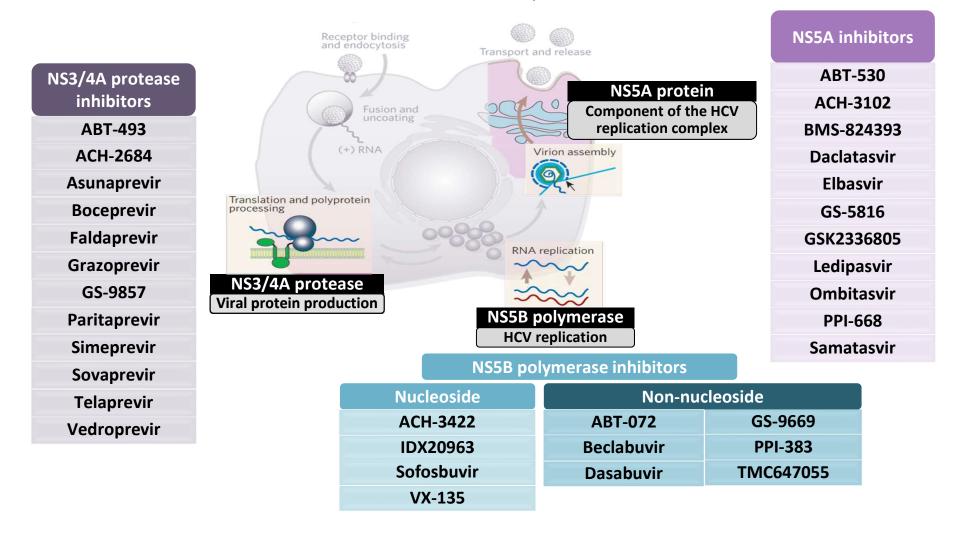
Component of the HCV

replication complex



ABT-530
ACH-3102
BMS-824393
Daclatasvir
Elbasvir
GS-5816
GSK2336805
Ledipasvir
Ombitasvir
PPI-668
Samatasvir

NS5B Polymerase Inhibitors Suppress Viral RNA Replication Through Binding to Active or Allosteric Sites on the NS5B Polymerase



INDICATIONS FOR TREATMENT: WHO SHOULD BE TREATED?

1. All treatment naïve and treatment experienced patients with compensated or decompensated chronic liver disease due to HCV must be considered for therapy.

FACTORS TO BE CONSIDERED IN PRIORITISING TREATMENT

- Patient's willingness to start and adhere strictly to treatment and follow up
- Increased risk of death (e.g. advanced fibrosis and cirrhosis, post-liver transplantation)
- Risk of accelerated fibrosis (e.g. HIV or HBV co-infection, metabolic syndrome)
- Extrahepatic manifestations and evidence of end-organ damage (e.g. debilitating fatigue, vasculitis and lymphoproliferative disorders)
- DAA options that are available
- Patient with no drug-drug interaction with current treatment (eg HAART, amiodarone)

RECOMMENDATION FOR WHEN AND IN WHOM TO INITIATE TREATMENT

• PWID and men who have sex with men with high-risk sexual practices should be made aware of the risk of reinfection and should take preventive measures after successful treatment.

- Treatment is recommended for all patients with chronic HCV infection, except those with short life expectancies that cannot be remediated by treating HCV, by transplantation, or by other directed therapy. Patients with short life expectancies owing to liver disease should be managed in consultation with an expert.
- Person with cirrhosis (including those who achieved SVR) should be screened for HCC with 6 monthly USG examination and AFP estimation, and should have endoscopy every one or two years to exclude varices.

- HCV/HIV co-infected individuals should be offered treatment or re-treatment like any other individual without HIV infection, regardless of their stage of fibrosis at diagnosis.
- Second generation DAA-based therapies have demonstrated high efficacy and safety in treatment-naive, treatment experienced and cirrhotic HCV patients co-infected with HIV.
- However, caution should be exercised when using such agents due to known drug—drug interactions with antiretroviral agents.
- A close collaboration with HIV specialist is recommended when treating HCV/HIV co-infected individuals.

Main issue between DAA and ART
 (eg need dose a adjusted dose of Daclatasvir with :

CYP3A enzyme inducer eg NNTI such as Efavirenz, Etravirine requires Daclatasvir 90 mg and

CYP3A enzyme inhibitor eg Ritonavir or Cobicistat –boosted atrazanavir requires Daclatasvir 30 mg

(Awaiting Daclatasvir 30 mg in next batch

 Also possibilities of HIV/HCV/HBV triple infection – HBV reactivation but usually already on TFV

Sofosbuvir and Daclatasvir

- ALLY 1 Multicenter, prospective, open-label, phase 3 study of Daclatasvir plus Sofosbuvir plus Ribavirin in treatment-naïve and treatment-experienced patients with advanced cirrhosis or post-liver transplant HCV recurrence. N= 60 C, 53 T. 76 % G1. 20 % CPS A, 53 % B and 27 % C. SVR 12. 93% (CPS A and B), 56 % (CPS C). SVR 95% in transplant.
- ALLY 2 Phase 3 open label Daclatasvir (DCV) plus Sofosbuvir (SOF) in treatment-naïve or experienced, chronic HCV GT 1-4 and HIV coinfection, n = 151 TN, (12 or 8 wks) 52 TE (12 wks). (G1-G4) 83% G1, 14% Comp Cirrhosis, 83% on HAART. SVR 97% (12 wks), 76% (8 wk)

Sofosbuvir and Daclatasvir

- ALLY 3 —All-Oral 12-Week Treatment With Daclatasvir Plus Sofosbuvir in Patients With Hepatitis C Virus Genotype 3 Infection . N= 152(TN 101, TE 51). SVR 12- 90% in TN, 86% in TE, 96% (NC) 63% cirrhosis.
- ALLY 3+ Daclatasvir, Sofosbuvir, and Ribavirin for Hepatitis C Virus Genotype 3 and Advanced Liver Disease: A Randomized Phase III Study . 12 or 16 weeks with weight based Ribavirin N=50- (37TE 13 TN) , (14 Fibrosis 36 C). SVR 86% overall (12 weeks 83% (12 wks), 89% (16-wks), 87% TE-88 (12 wks), 86 (16wks)

SOFOSBUVIR

- HCV nucleotide polymerase NS5B inhibitor.
- 400mg (one tablet) once daily
- Approximately 80% of sofosbuvir is renally excreted, whereas 15% is excreted in faeces.
- Used in patients with eGFR of > 30ml/min/1.73m2. Latest EASL 2018 states that can be used with cautious in eGFR of less than 30ml/min/1.73m2 and even haemodialysis patients.
- Not metabolized by cytochrome P450, but is transported by P-gp.
- Sofosbuvir should not be administered with known P450 inducers, such as rifampin, carbamazepine, phenytoin or St. John's wort. Other potential interactions may occur with rifabutin, rifapentine and modafinil.
- Contraindicated in patients who are being treated with the antiarrhythmic amiodarone due to the risk of life-threatening arrhythmias.

Daclatasvir

- First -ever approved HCV NS5A replication complex inhibitor with pangenotypic activity.
- The dose of 60 mg (one tablet) or 30 mg (one tablet) when a reduced dose is needed, once daily dose
- With or without food
- May interact with other drugs e.g. Anti TB, antibiotics, herbals containing St John Worts
- Generally well tolerated, not known side effects (SE) of its own.
- The most common SEs combination Sofosbuvir and Daclatasvir = fatigue, nausea and headache (10%)

Ribavirin

- Used for combination with Sofosbuvir and Daclatasvir
- The dose = 1000 mg/ day for body weight of < 75 kg or or 1200 mg/day, for ≥ 75 kg, split in two administrations.
- Dose adjustment is needed in patients with severe renal insufficiency or ESRD
- In decompensated cirrhosis, ribavirin can be started at the dose of 600 mg daily and the dose subsequently adjusted depending on tolerance.
- Black box FDA warning: SEs may be severe and serious
- SEs: Flu like symptoms, headcahe, fatigue, mood changes
- Serious SEs: anaemia, birth defect, Suicidal thoughts.

Sofosbuvir / Ledispasvir (Harvoni)

- Two drug fixed dose combination containing 400 mg and 90 mg combination
- One tablet daily with or without food.
- Ledisprevir Biliary excretion



Sofosbuvir and Velpatasvir (Epclusa)

- Pangenotypic
- Two fixed dose combination 400 mg Sofosbuvir and 100 mg Velpatasvir
- Velpatasvir plasma exposure (AUC) is similar in subjects with moderate or severe hepatic impairment
- Cirrhosis (including decompensated cirrhosis) has no clinical relevant effect on Velpatasvir



Viekirax/Exvira: High SVR Across a Broad Range of Patients in the Phase III Program HCV GT1 infected patients

Study	Population	Regimen	SVR12	Relapse	On-treatment virologic failure
SAPPHIRE-I ^{1,2} (n=631)	GT1, non-cirrhotic, treatment-naïve	3DAA + RBV for 12 wks (n=473) Placebo for 12 wks (n=158)	96%	1.5%	0.2%
SAPPHIRE-II ^{1,2} (n=394)	GT1, non-cirrhotic, P/R treatment-experienced	3DAA + RBV for 12 wks (n=297) Placebo for 12 wks (n=97)	96%	2.4%	0%
(n=380)	^{,2} GT1, treatment-naïve and -P/R experienced, with compensated hosis (C-P A)	3DAA + RBV for 12 wks (n=208) 3DAA + RBV for 24 wks (n=172)	92% 97%	5.9% 0.6%	0.5% 1.7%
PEARL-II ^{1,2} (n=179)	GT1b, non-cirrhotic, P/R treatment-experienced	3DAA + RBV for 12 wks (n=88) 3DAA - RBV for 12 wks (n=91)	98%	00/	0%
PEARL-III^{1,2} (n=419) trea	GT1b, non-cirrhotic, atment-naïve 3DAA	3DAA + RBV for 12 wks (n=210) - RBV for 12 wks (n=209)	99.5%		0.5% 0%
PEARL-IV ^{1,2} (n=305) trea	GT1a, non-cirrhotic, tment-naïve 3DAA	3DAA + RBV for 12 wks (n=100) - RBV for 12 wks (n=205)	97% 90%	1% 5%	1% 2.9%

^{1.} Viekirax™ tablets (ombitasvir/paritaprevir/ritonavir) Summary of product characteristics.

Maidenhead, UK. AbbVie, Ltd.

3DAA: three direct-acting antivirals, ombitasvir/paritaprevir/ritonavir and dasabuvir P/R: peginterferon+ribavirin; C-P A, Child-Pugh A

^{2.} Exviera™ tablets (dasabuvir) Summary of product characteristics. Maidenhead, UK. AbbVie, Ltd.

Grazoprevir and Elbasvir (Zepatier)

- Fixed dose combination 100 mg Grazoprevir and 50 mg Elbasvir
- No dose adjustment with mild, moderate, severe (including patients with haemodialysis or peritoneal dialysis)



EBR/GZR Core Phase 3 Program¹⁻³

Study	Genotype	Fibrosis Staging	Treatment History	Comorbidit y	Regimen (wk)
C-EDGE TN	1, 4, 6	± Cirrhosis	TN	_	12, no RBV
C-EDGE COINFECTION	1, 4, 6	± Cirrhosis	TN	HIV	12, no RBV
C-EDGE TE	1, 4, 6	± Cirrhosis	PR-PTF	± HIV	12 or 16, ± RBV
C-SURFER	1	± Cirrhosis	TN/PR-PTF	CKD	12, no RBV
C-EDGE CO-STAR	1, 4, 6	± Cirrhosis	TN	OAT, ± HIV	12, no RBV
C-EDGE IBLD	1, 4, 6	± Cirrhosis	TN/PR-PTF	IBLD, ± HIV	12, no RBV
H-2-H TRIAL	1, 4, 6	± Cirrhosis	TN/PR-PTF	_	12, no RBV vs SOF/PR

IBLD = inherited blood disorders; CKD = chronic kidney disease, including hemodialysis; OAT = opiate agonist therapy; TN = treatment-naive; PR = peginterferon + ribavirin; PTF = prior-treatment failure; RBV = ribavirin; HIV = human immunodeficiency virus; SOF = sofosbuvir; EBR/GZR = elbasvir/grazoprevir.

^{1.} Zepatier EU SmPC. 2. Hezode C et al. EASL 2016, SAT-128. 3. Sperl J et al. EASL 2016, PS002.

Look out for Drug-Drug Interactions

- Review all medications: herbals/supplements, prescription, OTC meds, including contraception and PPI
- Ask about PRN usage of other drugs
- Work with clinical Pharmacist when possible
- Streamline patients prescription
- Actions : change medication / dose / timing
- www.hep-druginteractions.org

 Please refer to www.hepdruginteractions.org for drug-drug interaction and EASL HCV Advisor (application can be downloaded for Apple and Android user) for further reference

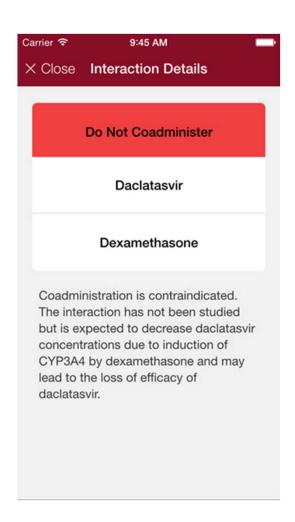












http://www.hep-druginteractions.org/

× Close Interaction Details

Potential Interaction

Ledipasvir/Sofosbuvir

Esomeprazole

Coadministration has not been studied, but data with omeprazole show only a small decrease in ledipasvir exposure. Proton pump inhibitor doses comparable to omeprazole 20 mg can be administered simultaneously with ledipasvir/sofosbuvir. Proton pump inhibitors should not be taken before ledipasvir/sofosbuvir.

× Close Interaction Details

Potential Interaction

OBV/PTV/r + DSV

Pantoprazole

Coadministration has not been studied

Pantoprazole exposure may decrease when administered with by ombitasvir/paritaprevir/ritonavir + dasabuvir.

CYP3A4 and CYP2C9, and is also metabolised by sulfotranseferases. Exposure of omeprazole, a model CYP2C19 substrate, decreased by 40-50% when administered with ombitasvir/paritaprevir/ritonavir + dasabuvir, but exposure of the DAA was not affected. An interaction of similar magnitude is expected with other CYP2C19 substrates. Use higher doses of pantoprazole, if clinically indicated.

Table 1: Summary of recommended preferred regimes with treatment durations, person without cirrhosis

Genotype		Intereron/ Ribavirin	Daclatasvir	Ledipasvir	Sorosbuvink ibavirin	Velpatasvir	Semiprevir	Ombitasvir/Pantaprevir/ Ritonavir/ Dasabuvir	Grazoprevir/Elbasvir
Genotype 1a	treatment naive	40 weeks	12 weeks	8-12 weeks	No	40aala	No	12 weeks with Ribavirin	12 wk, no Ribavirin ifHCV RNA≤800,000 (5.9log) IU/ml
	treatment experience	48 weeks	Ribavirin Or 24 wk, no Ribavirin	Ribavirin or 24 wk, no Ribavirin	No	No 12 weeks	No		or 16 wk with Ribavirin if HCV RNA>800,000 (5.9log) IU/mlb
Genotype 1b	treatment naive		12 weeks	8-12 weeks	No	12weeks	No	8-12 weeks	12 weeks
	treatment experience		12 WOOKS	12 weeks		12WCGR3	No	12 weeks	12 WOOKS
Genotype 2	treatment naive treatment experience	24 weeks	12 weeks	No	12 weeks	12 weeks	No	No	No
Genotype 3	treatment naive	24 weeks	12 weeks			12 weeks			
	treatment experience		12 wk with Ribavirin Or 24 wk, no Ribavirin	No	24 weeks	12 wk with Ribavirin Or 24 wk, no Ribavirin	No	No	No
Genotype 4	treatment naive	48 weeks	12 weeks	12 weeks			12 weeks		12 weeks
	treatment experience		12 wk with Ribavirin or 24 wk, no ribavirin	12 wk with Ribavirin or 24 wk, no ribavirin	No	12 week	12 wk with Ribavirin or 24 wk, no ribavirin	No	12 wk, no Ribavirin if HCV RNA≤800,000 (5.9log) IU/ml or 16 wk with Ribavirin if HCV RNA>800,000 (5.9log) IU/mlb
Genotype 5	treatment naive		12 weeks	12 weeks					
	treatment experience		12 wk with Ribavirin or 24 wk, no Ribavirin	12 wk with Ribavirin or 24 wk, no Ribavirin	No	12 weeks	No	No	No
Genotype 6	treatment naive	48 weeks	12 weeks	12 weeks					
	treatment experience		12 wk with Ribavirin or 24 wk, no	12 wk with Ribavirin or 24 wk, no	No	12 weeks	No	No	No

Table 2: Summary of recommended preferred regimes with treatment duration, person compensated cirrhosis CPS A

Genotype		Ribavirin	Sofosbuvin Daclatasvir	Sofosbuvin Ledipasvir	Sofosbuviii Ribavirin	Sofosbuvir/ Velpatasvir	Sofosbuvin Semiprevin	Ombitasvir/Paritaprevir / Ritonavir/Dasabuvir	Grazoprevir/Elbasvir
Genotype 1a	treatment naive		12 weeks	8-12 weeks				12 weeks with Ribavirin	12 wk, no Ribavirin ifHCV
	treatment experience	48 weeks	12 wk with Ribavirin or 24 wk, no Ribavirin	12 wk with Ribavirin Or 24 wk, no Ribavirin	No	12 weeks	No		RNA≤800,000 (5.9log) IU/mlor16 wk withribavirin if HCV RNA>800,000 (5.9log) IU/mlb
Genotype 1b	treatment naive treatment experience		12 weeks	12 weeks	No	12weeks	No	12 weeks	12 weeks
Genotype 2	treatment naive treatment experience	24 weeks	12 weeks	No	12 weeks	12 weeks	No	No	No
Genotype 3	treatment	24 weeks	24 week with			12 wk with Ribavirina	No		
	treatment experience		Ribavirin	No	24 weeks	weeks or 24 wk, no Ribavirin	140	No	No
Genotype 4	treatment naive	48 weeks	12 weeks	12 weeks			12 weeks		12 weeks
	treatment experience		12 wk with Ribavirin Or 24 wk, no Ribavirin	12 wk with Ribavirin Or 24 wk, no Ribavirin	No	12 week	12 wk with Ribavirin Or 24 wk, no Ribavirin	No	12 wk, no Ribavirin if HCV RNA ≤800,000 (5.9log) IU/ml or 16 wk with Ribavirin if HCV RNA>800,000 (5.9log) IU/mlb
Genotype 5	treatment naive		12 weeks	12 weeks					
	treatment experience		12 wk with Ribavirin Or 24 wk, no Ribavirin	12 wk with Ribavirin or 24 wk, no Ribavirin	No	12 weeks	No	No	No
Genotype 6	treatment naive	48 weeks	12 weeks	12 weeks		12 weeks			
	treatment experience		12 wk with Ribavirin or 24 wk, no	12 wk with Ribavirin or 24 wk, no	No		No	No	No

Table 3: Summary of recommended preferred regimes with treatment durations, person decompensated cirrhosis CPS B&C

	Sofosbuvir /	Sofosbuvir /	Sofosbuvir /
	Daclatasvir	Ledipasvir	Velpatasvir
Genotype 1	12 weeks with	12 weeks with	12 weeks with
	Ribavirin	Ribavirin	Ribavirin
Genotype 2	12 weeks with Ribavirin	No	12 weeks with Ribavirin
Genotype 3	24 weeks with Ribavirin	No	24 weeks with Ribavirin
Genotype 4	12 weeks with	12 weeks with	12 weeks with
	Ribavirin	Ribavirin	Ribavirin
Genotype 5	12 weeks with	12 weeks with	12 weeks with
	Ribavirin	Ribavirin	Ribavirin
Genotype 6	12 weeks with	12 weeks with	12 weeks with
	Ribavirin	Ribavirin	Ribavirin

- i. Not Recommended Regime for Patients with Decompensated Cirrhosis (Moderate or Severe Hepatic Impairment; CPS B or C)
 - Simeprevir-based regimes
 - Paritaprevir-based regimes
 - Elbasvir/Grazoprevir-based regimes

ii . Regimes Not Recommended

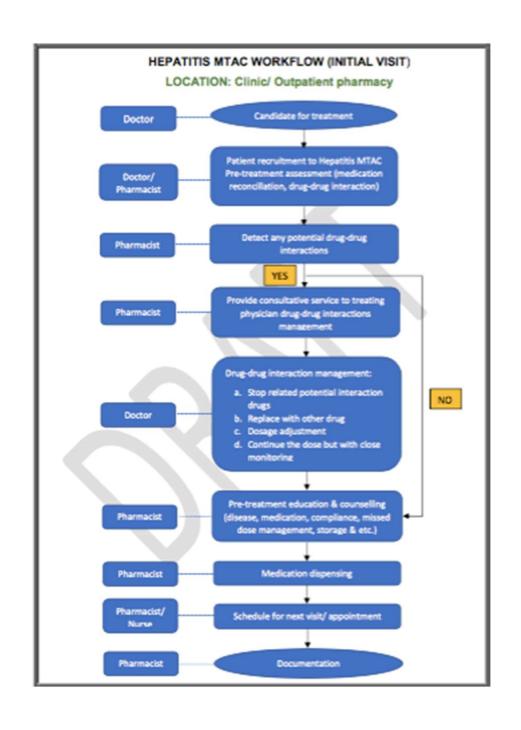
- Daily Sofosbuvir (400mg) and weight-based ribavirin for 24 weeks
- Peg-IFN/ribavirin with or without sofosbuvir, simeprevir, telaprevir or boceprevir
- Monotherapy with Peg-IFN, ribavirin or direct-acting antiviral

			AASLD 2017	EASL 2016
Genotype 1a	No Cirrhosis	Treatment naïve	12 weeks	12 weeks
		Treatment Exp PR	12 weeks	12 weeks with RBV or 24 withou RBV
	Compensated Cirrhosis	Treatment naive	24 weeks ± RBV	12 weeks
		Treatment experience	24 weeks ± RBV	12 weeks with RBV or 24 withou RBV
Genotype 1 b	No Cirrhosis	Treatment naïve	12 weeks	12 weeks
		Treatment Exp PR	12 weeks	12 weeks
	Compensated Cirrhosis	Treatment naïve	24 weeks ± RBV	12 weeks
		Treatment Exp PR	24 weeks ± RBV	12 weeks
Genotype 3	No Cirrhosis	Treatment naïve	12 weeks	12 weeks
		Treatment Exp PR	12 weeks	12 weeks with RBV or 24 wks without RBV

Genotype	Treatment naive/ experience	Non cirrhosis	Compensated cirrhosis	Decompensated cirrhosis
Genotype 1a	Treatment naive	12 weeks	12 weeks	12 weeks with RBV
	Treatment experience	12 weeks with RBV or 24 weeks without RBV	12 weeks with RBV or 24 weeks without RBV	12 weeks with RBV
Genotype 1b	Treatment naive	12 weeks	12 weeks	12 weeks with RBV
	Treatment experience	12 weeks	12 weeks	12 weeks with RBV
Genotype 2	Treatment naive	12 weeks	12 weeks	12 weeks with RBV
	Treatment experience	12 weeks	12 weeks	12 weeks with RBV
Genotype 3	Treatment naive	12 weeks	24 weeks with RBV	24 weeks with RBV
	Treatment experience	12 weeks with RBV or 24 weeks without RBV	24 weeks with RBV	24 weeks with RBV

Genotype	Treatment naive/ experience	Non cirrhosis	· · · · · · · · · · · · · · · · · · ·	Decompensated cirrhosis
Genotype 4	Treatment naive	12 weeks	12 weeks	12 weeks with RBV
	Treatment experience	12 weeks with RBV or 24 weeks without RBV	12 weeks with RBV or 24 weeks without RB	12 weeks with RBV
Genotype 5	Treatment naive	12 weeks	12 weeks	12 weeks with RBV
	Treatment experience	12 weeks with RBV or 24 weeks without RBV	12 weeks with RBV or 24 weeks without RB	12 weeks with RBV
Genotype 6	Treatment naive	12 weeks	12 weeks	12 weeks with RBV
	Treatment experience	12 weeks with RBV or 24 weeks without RBV		12 weeks with RBV

Hepatitis C: Screening, testing & treatment guidelines; MOH October 2017 EASL Recommendations on Hepatitis C Treatment 2016



Pre -treatment screening -Role of physicians

A : Document patient's medical history:

- 1. Risk Factors for HCV acquisition
- 2. Medical Comorbidies/extrahepatic manifestations
- 3. Review concomitant medications including OTC/ HDS/ OCP
- 4. Cardiology assessment in patient with cardiac co-morbidity for those patients requiring Ribavirin regimen based on the clinician's discretion (ECG, Echocardiography)
- 5.Co-infections (CHB / RVD)
- 6.Complication of Liver Disease if cirrhotic
- 7.Prior Treatment for hepatitis C, types of treatment received previously and type of response:
- ❖ Non responders (HCVRNA detected at the end of treatment)
- Relapsers (HCVRNA not detected at the end but detected at any time within 24weeks post treatment
- ❖Treatment discontinuation due to lack of EVR (HCVRNA <1log drop at week 12 on treatment)
- ❖ Premature discontinuation due to intolerance adverse effect

B. Perform the baseline screening

- 1. Confirmatory test / HCV RNA and Genotype
- 2. Hepatitis B Surface Antigen and Anti HIV Antibody
- 3. Ultrasound liver ? presence of HCC in liver cirrhosis
- 4. Fibrosis score / APRI Score
- 5. Full Blood Count/Liver Function Test/ Creatinine
- 6. Coagulation Marker if liver cirrhosis
- 7. Other relevant investigation based on clinician's discretion

C. Explain on treatment flow and follow-up schedule

Pre treatment screening

- Role of Nurses/ Medical Assistance
- 1. Vital signs
- 2. Perform viral Hepatitis notification
- 3. Perform Hepatitis Education
- 4. Family planning (esp: Ribarivin Regime)

Pre treatment screening - Role of Pharmacist

- 1. Reconcile a complete medication (including prescribed medications, OTC, traditional/herb medication/drink and health supplement) history must be assessed, including start and stop dates.
- 2. Counter check patient's potential drug-drug interaction profile and provide consultative service to treating physician on drug-drug interaction management.
- 3. Document any allergies to any medications and their formulations

Treatment initiation- Role of physician

- 1. Perform symptom directed assessment and Child Pugh Score for cirrhotic patients
- 2. Perform the laboratory baseline screening: Full Blood Count, Liver Function Test, creatinine, coagulation Marker (if cirrhotic)
- 3. Other relevant investigations based on clinician's discretion
- 4. Inform possible side effects, emphasize compliance to medications and follow up
- If concurrent medications with possible interactions with DAAs: may advise to stop temporarily, change time of administration, advise stop HDS/OTC medications.
- 6. Check Vital Signs (by nurse)

Management of drugs with potential interaction

- Stop the particular related drug for the period of treatment (2 weeks prior to treatment/ half life drug should be considered for longer withhold) eg: statin
- Replace the drug with an alternative product without a drug interaction in the same therapeutic class.
- Adapt the dose with a clear monitoring plan
- Dosage adjustment

Example: Daclatasvir -Decrease dose to 30mg: Coadministration with strong CYP3A inhibitors , Increase dose to 90mg: Coadministration with strong CYP3A inducers

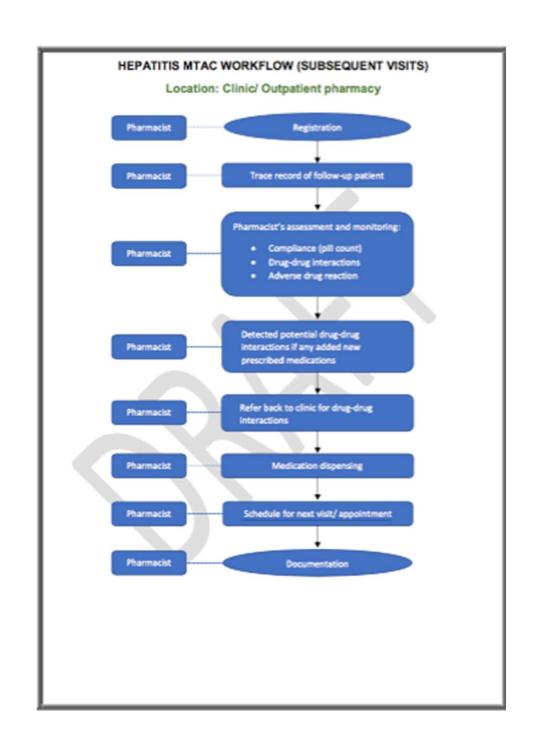
Treatment initiation

- Role of pharmacist

- Drug Dispensing (for 4-8 weeks supply)
- Counsel on:
- -Adherence
- -Missed dose management
- -Administration time
- -Drug Storage: room temperature (Below 30'C)
- -Suggest patient diary card to record each drug intake
- -Bring back all balance medications and empty bottle for each visit
- -Use of any medication or herbal/supplement product not prescribed by a licensed physician is prohibited

Follow up visits

	12 Weeks Course	24 Weeks Course
Without Ribavirin	Week 4 Week 8 Week 12 (End of treatment) Week 24 – (SVR 12 HCV RNA)	Week 4 Week 8 Week 12 Week 16 Week 20 Week 24 (End of treatment)
		Week 36 (SVR 12 HCV RNA)
With Ribavirin	Week 2 Week 4 Week 8 Week 12 (End of treatment) Week 24 – (SVR 12 HCV RNA)	Week 2 Week 4 Week 8 Week 12 Week 16
		Week 20 Week 24 (End of treatment) Week 36 (SVR 12 HCV RNA)



Follow up visits- Role of physician

- Perform symptom directed assessment /look for decompensation if cirrhotic
- Ask and document any side effects / new complaints
- Ask and document any new concurrent medications
- Repeat the laboratory baseline screening
- Full Blood Count / Creatinine / LFT including AST
- INR (if patient cirrhotic)
- Repeat HCV RNA on Week 4 during treatment (optional)
- HCV RNA SVR 12 (12 weeks after completing treatment)

Follow up visits - Role of pharmacist

- Assess patient's compliance by drug accountability (Form 1)
- Re-ensure patient's compliance on OTC, health supplement/traditional medication
- Screen potential drug-drug interactions if any added new prescribed medications
- Drug Dispensing for 4 weeks supply on week 4 follow up only
- Report all related adverse effects (ADRs) related to Hepatitis C treatment to NPRA
- Reassess patient's knowledge on:
- Adherence
- Missed dose management
- Administration time
- Drug Storage: room temperature (Below 30'C)
- Patient dairy card to record each drug intake
- bring back all balance medications and empty bottle for each visit
- Use of any medication or herbal/ health supplement product not prescribed by a licensed physician is prohibited

Modifications of Ribavirin dose

Haemoglobin level (g/dL)	No cardiac disease	Stable cardiac disease
< 10 .0	Reduce to 600 mg / day	Decrease ≥ 2g/dL during 4 weeks period : reduce to 600 mg/ day (permanent dose reduction)
< 8.5	Discontinue	Hb < 12g/dL despite 4 weeks in reduced dose : discontinue

Post treatment follow up

- Not cirrhotic, achieve SVR12: Optional to repeat HCV RNA in 1 year, and may discharge. Patients who achieve SVR but remains abnormal liver function test should be evaluated for other causes of transaminitis.
- Cirrhotic, achieve SVR12: Continue follow up for HCC survellance: 6 monthly US liver and blood for AFP. Endoscopy for OV survellance
- No SVR12: Should monitor for progression of liver disease and considered for retreatment once alternative treatment is available

SUMMARY

- All treatment-naive and treatment-experienced patients with compensated or decompensated chronic liver disease due to HCV must be considered for therapy
- Availability of DAAs options plays a big role in choosing and strategizing treatment options
- However, caution should be exercised when using such agents due to known drug—drug interactions.
- In dealing with special population such as HCV/HIV coinfection / ESRD patients, a close collaboration with HIV specialist/ Hepatologist / Gastroenterologist is recommended when treating these individuals.

References:

- 1. EASL Recommendation on Treatment of hepatitis C 2018. J Journal (2018)
- 2. EASL Recommendations on Treatment of Hepatitis C 2016. J Hepatol (2016), http://dx.doi.org/10.1016/j. jhep.2016.09.001
- 3. AASLD 2017 HCV Guidance: Recommendations for Testing, Managing, and Treating Hepatitis.
- 4. Hepatitis C Screening, Testing and Treatment Guidelines, Ministry of Health,1st edition October 2017



QUIZ 1

 Name 3 medication that can be used to treat Hepatitis C

QUIZ 2

Sofosbuvir can be used for patients with ESRD on dialysis

QUIZ 3

 Namakan 3 hospital yang membekalkan ubat Hepatitis C